

hey, therapists!

We've all had that client who comes in with a TikTok self-diagnosis . They mention how relatable the symptoms seemed, and suddenly, you're faced with the daunting task of figuring out whether ADHD is a true part of their clinical picture. You want to help, but the only training you've had on ADHD was that one school psychology course 15 years ago. It can be easy to feel out of your depth. Misdiagnosis or missed diagnosis can set a client back, or even cause more harm than good.

It's tricky—ADHD is nuanced, and without specialized expertise, it's difficult to know how to approach it confidently. As therapists, we don't want to take risks with something we aren't fully trained to treat, and that's where we come in.

Expand Your Client Support

When you or your clients suspect ADHD, we provide expert evaluations so you don't have to guess.

Seamless Collaboration:

We handle the evaluations and keep you updated, allowing you to integrate the findings into your ongoing therapy with confidence.

Trusted Expertise:

Rely on our ADHD specialization to give your clients an accurate assessment, removing the guesswork from your hands.

Affordable and Accessible:

We offer clear pricing, insurance options, and payment plans to make evaluations accessible for all clients.

Client-Centered Care:

Our supportive, affirming approach ensures clients feel validated, whether ADHD is part of their story or not.

When social media sparks a question (we love when this happens, by the way!), we help you provide your clients with answers and the care they need, while keeping you focused on what you do best. Let us take the weight of ADHD diagnosis off your shoulders and ensure your clients get the clarity they deserve.

Get in touch with us! Visit our website at www.littleseedcounseling.com

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